



The Elephant Experience

Therapy Lapa

"EXPERIENCING THE POWER OF NATURAL
WELLNESS"



Body Treatments



- JABULANI CALMNESS MASSAGE (60 min) R450.00

Swedish massage techniques that leave the body relaxed and rested. Using rhythmic strokes, it improves poor circulation, relieves muscular tension and enhances general feelings of relaxation and well-being.

- JABULANI HOLISTIC CONDITIONING MASSAGE (60 min) R450.00

A therapeutic application of touch using a range of movements upon the skin, muscles and joints including a face and scalp massage. It's an ancient discipline used to improve health and well-being by treating the mind, body and spirit. It maintains general health and offers relaxation.

- SOUL OF AFRICA AROMATHERAPEUTIC MASSAGE (60 min) R450.00

Firm rhythmic massage movements, anoint with the spicy, sensual aromas of the orient, used to improve health, mind, body and spirit, while promoting inner peace and tranquility.

- JABULANI TENSION RELEASER MASSAGE (60 min) R500.00

Focusing to relieve specific stress and muscle tension, this deep rhythmic pressure massage gives the whole body a vigorous workout. Combined with specially blended massage oils, this treatment is formulated to encourage relief from muscular tension.

- BACK & NECK MASSAGE (30 min) R250.00

Focusing primarily on the back, shoulders and neck area, this mini-massage will help begin to relieve tension, stress and aching muscles. Can be combined with a facial treatment.

- AROMA STONE BACK MASSAGE (30 min) R300.00

Firm massage techniques on the back, using the warmth of volcanic stones that works deep into the belly of the muscle.

- JABULANI AROMA STONE THERAPY (75 min) R500.00

Harnessing the properties of the stones, we bathe them in warm water, anoint them with the spicy, sensual aromas of the Orient, and place them on key energy points of the body to harmonize the spirit. Then in a firm rhythmic massage sequence, which mimics the strong but steady stream of flowing water, the stones give up their power and warmth to tired and tense muscles, promoting inner peace and tranquility. A treatment, which excites every sense and provides a unique aromatic journey for the soul.

Natural Body Wraps



- AFRICAN IMMUNE BOOSTING CLAY WRAP (60 min) R450.00

This intensive clay body treatment has been developed to bring both physical and emotional benefits to the client, used as a booster of immune and hormone function, circulation, lymphatic systems and improvement of general vitality.

- MIND BALANCING BODY MUD (60 min) R450.00

This clay body wrap treatment has been designed to free up the mind and ease the stresses and strains of an emotionally demanding lifestyle. Perfect for general relaxation, prematurely aged skins and high stress levels.

- ACHEY MUSCLE BODY WRAP (60 min) R450.00

This body wrap is particularly recommended for aching muscles and joint discomfort in neck, shoulders, lower back and legs. It is ideal in helping to disperse the lactic acid that causes muscle stiffness and soreness.

Body Exfoliation

- BODY ENERGISING SALT SCRUB (30 min) R250.00

A exotic exfoliation ritual to invigorate and revitalize your body. Oil is drizzled luxuriously all over your body before the salt glow is applied. Your skin is deeply cleansed, polished and softened to perfection, completed with an application of aromatherapy oils, leaving your skin glowing and vibrant, replenished and flawless. Can be combined with a massage or facial treatment.

- MUSCLE TREAT SALT GLOW (30 min) R250.00

A Full body exfoliation which helps to reduce lactic acid, helps with muscular aches and pains, improves the circulation, leaving your skin feeling hydrated. This treatment is completed with an application of aromatherapy oils.

Skincare Treatments

AFRICOLOGY SKINCARE

MARULA ROOIBOS AFRICAN POTATO ALOE VERA

- JABULANI CELL RENEWAL ANTI-AGEING FACIAL (60 min) R400.00

This de-stressing facial is rich in natural oils, and lubricates the skin to restore elasticity and softness, combats ageing, and promotes a healthy glow.

- DEEP CLEANSING, REPAIR FACIAL (60 min) R400.00

Like our hearts and minds, our body's and cells change. This deep cleansing facial balances the skin or maintain the skins natural healthy radiance.

- BALANCING ROSE FACIAL (60min) R400.00

Rose absolute is known to balance the skin and emotions. It reduces fine lines and redness, which is also great for sensitive skins. Metaphysically this facial helps to balance feeling of sadness, rejection or fear.

- ENERGISING VITAMIN FACIAL (60 min) R400.00

This uplifting facial has a high vitamin C content which is great to stimulate collagen production, while vitamin A, E and B restore and strengthen the skin naturally. Great for tired, run down skin.



Hands & Feet

Hot paraffin treatments have been used for years by doctors and physical therapists to soothe the pain of arthritis, tendonitis and swollen feet. Paraffin is a petroleum by-product of wax that has excellent heat retention properties. The paraffin coating causes an increase in blood circulation and the opening of skin pores. As a result, perspiration is generated acting as a mini-sauna and moisturizers are absorbed more effectively into the skin. Skin that was once dry and rough results in a soft, fresh healthy appearance. This soothing, luxurious treatment acts as a conditioning cosmetic treatment for hands and feet.

- JABULANI HYDRATING MANICURE (60 min) R450.00

This luxurious manicure incorporates all the essentials that include a hot paraffin wax treatment along with a smoothing exfoliation and intensive moisture treatment. Sit back and relax as your hands are given the attention they deserve. Cuticles are treated, nails are shaped and all tension is massaged out of your hands.

- JABULANI BAMBOO NOURISHING PEDICURE (60 min) R450.00

This luxurious treatment pampers and restores those hard working feet. This service incorporates all the essentials of our basic pedicure – toenails are shaped, feet are exfoliated, massaged and also includes a hot paraffin wax treatment, and a hydrating heel therapy.

- HOT STONE FOOT THERAPY (30 min) R250.00

A luxurious African foot massage using natural products to moisturize the skin. Hot stones are used to massage the feet and calf muscles using the heat to penetrate and relax.

- REFLEXOLOGY

An ancient treatment, focusing on the pressure points on the feet, which relates to specific parts of the body. This treatment rebalances the energy levels of the body, and harmonize the spirit.

Camp Jabulani Products

- LILIAN TERRY INTERNATIONAL

A South African product where homeopathic aromatherapy is the unique combination of essential oils, carrier oils and homeopathic ingredients which synergise to create powerful, natural pure energy treatment oils that enhance and rebalance health and well-being.

- AFRICOLOGY

A South African product. 100% natural essential oils. Treatments focus on de-stressing, anti-ageing and cell renewal care. Rich in natural oils, vitamins and minerals, the velvety textured treatments nourish the skin to restore elasticity and softness, stimulating cell growth naturally and promoting a healthy glow.

- DEPILEVE

The thermal effects of paraffin enriched with active ingredients and natural essences provides deep hydration to soften, nourish and protect the skin while boosting the absorption and revealing softer, elastic and younger looking skin. A beauty protocol that will be rewarded with their eternal fidelity...

